

Session



Personal Study Guide

Finding Our Way With Technology (Our Mind)

September 22, 2019

Introduction

- ? What activity do you spend most of your technological energy on? What does that represent about your priorities? Do you think that it is an accurate reflection?


- ? How have you seen your use of technology change over the last year? What is a part of your regular digital menu that was not there a year ago? How has that changed you?


- ? What ads do you most vividly remember from your technology use this past week? Where did you see the ad? How does that memory verify the influence technology has, even in casual settings?

1. Think on These Things (Philippians 4:8)


- ? Paul encouraged his readers to focus on what is honorable. How would you describe something that is "honorable"? How would you describe the difference between honorable and dishonorable?


- ? When tempted to focus on something dishonorable, how might we replace those thoughts with an honorable focus? How is this related to our use of technology?


 How does Paul's instruction to "dwell on these things" lend itself to developing a godly vision for your life?

 In what way does wrong use of technology lead us to dwell on the wrong things?

Conclusion

 What have you found to be the most spiritually helpful technological tools? How do you employ them regularly?

 How do you respond when people default to a negative view of technology? Do you agree or disagree? What examples would you point out to support your view?

 What are some ways that you have realized that digital connection cannot offer the same as personal relationships? What would be some important steps for balancing the two?

Daily Readings

- Monday - Colossians 4:5
- Tuesday - Psalm 90:12
- Wednesday - James 4:14

- Thursday - Romans 13:11-12
- Friday - 1 Peter 5:8
- Saturday - Colossians 4:2