



*November 10, 2019*

**Introduction**

? What do you think is the most important characteristic to demonstrate to help someone trying to overcome something in their past? Grace? Understanding? Patience? Truth-telling? Why do you think so?

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? How has the number of apps that chronicle everyday life changed the way you evaluate decisions? Can you give an example?

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? How do you know when you've been forgiven for something? What signs or feelings do you look for to validate that forgiveness? What does Scripture indicate about that?

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**1. Confronting Sin Squarely (Psalm 51:1-5)**

? How difficult is it for you to remember God's grace and compassion when you are struggling with sin? How do you maintain a biblical view of God, even when you are mired in guilt or brokenness over your past?

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? When asking for forgiveness, why do you think it is important to be specific about that for which you are asking for forgiveness? What impact does that sort of specificity have on you spiritually?

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**2. Prayer for Renewal (Psalm 51:6-13)**

? What biblical passages do you turn to when you want to know that you are forgiven by God?

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 Why is it important that the heart of a person be changed in addition to being forgiven? If the heart remains unchanged, what do you think would be the likely result?

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### 3. Purify Worship (Psalm 51:14-19)

 How would you explain the difference in your worship of God during seasons of faithfulness versus seasons of temptation or sinfulness? How does your desire for worship change?

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 What sacrifice is God prompting you to make at this season in your life? What new faith steps is he asking you to make to follow Him more closely?

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### Conclusion

 What is your story of heart change? How did God lead you to a place of brokenness at which point you knew you had to be changed?

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 What is the hardest part of dealing squarely with your own sin? Who supports you and prays for you to be bold enough to do that? How does that accountability and love benefit you?

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 How would you like for your relationship with your past to be different a year from now? What conversations or action steps can you begin taking this week to move in that direction? Which of the steps is primarily spiritual? Which are mostly physical?

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### Daily Readings

- Monday - Matthew 5:4
- Tuesday - Psalm 147:3
- Wednesday - Psalm 56:8
- Thursday - Matthew 11:28-30
- Friday - 1 Peter 5:7
- Saturday - Revelation 21:4