Session 1

Personal Study Guide

#Blessed

April 19, 2020

Introduction

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What comes to mind when you hear the word blessed?

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How has your definition of what it means to be blessed been shaped by the Bible?

1. Be Aware (Matthew 5:1-12)

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How do Jesus' words in the Beatitudes contrast with modern conceptions of blessing? Why is it better to be blessed in the way Jesus said, even if it's not easier?

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Application: Has your understanding of blessing been wrong? Why or why not? How does the biblical view of blessing change the way you think about your circumstances?

2. Be Conformed (Matthew 5:1-12)

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What in the Beatitudes gives evidence that Jesus was speaking specifically of His followers and not of all people in general?

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Why is it important to make the distinction between Christians doing good works to earn their salvation compared with living in accordance with their true identity in Christ?

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What is sanctification? How is sanctification certain for all who trust in Jesus?

?	Application: In what specific areas is the Lord sanctifying you? Where is He currently convicting you of need for change?
3. Be I	Encouraged (Matthew 5:1-12) What promises did Jesus make to Christians in the Beatitudes?
?	What was Jesus' purpose for expressing these great promises to Christians?
?	Application: In what areas of your life do you need encouragement? If you are a Christian, how does the assurance of eternal life in heaven with your good Father help you? If you are not a Christian, how are you drawn to the hope of these promises?
Conclusion How does your understanding of blessing need to change based on today's	
	study?
?	In what ways is the Spirit of God conforming you to the image of Christ?
?	Do promises of heaven encourage you? Why or why not? How can you let those precious promises of God have more influence over the way you see the world?

Daily Readings

- Monday 1 Peter 1:14-16
- Tuesday 2 Corinthians 7:1
- Wednesday Hebrews 12:14
- Thursday 1 John 3:6-10
- Friday 1 Thessalonians 4:7
- Saturday Romans 12:1