



Introduction

? What are some ambitions you have for your life?

? How would you describe the difference between earthly ambitions and heavenly ambitions? Would you say your ambitions are more earthly or heavenly?

1. Consider His Word (Matt. 6:25a, 31)

? Why do Christians need an authoritative word in their lives? Why is Jesus' lordship over His people a kindness and mercy toward them?

? How does the authoritative word of Jesus in our lives relate to the worry and anxiety we so often experience?

? Application: How might you seek to trust in the Word of God when you face the desire to control your own life? What are some practical means of storing up truth in your heart and mind that you might be prepared for in these moments?

2. Think About Eternity (Matt. 6:25b, 32-33a)

? Why is it right and fitting for Christians to give their attention and energy to "things above" and not to "earthly things"? How is this related to common causes for worry?

? Application: What is your heart drawn out to, things above or things on earth? Why? What can you do to cultivate a heart that is caught up in the beauty and goodness of God?

3. Reflect Upon His Work (Matt. 6:26-30,33b)

 What promises did Jesus make about physical needs in these verses? How might you recall these promises to combat worry on a daily basis?

 What are some other means by which we might combat worry in our lives?

 What confidence do Christians have when taking anxieties before God in prayer? What specific anxieties do you need to bring before God in prayer?

 Application: Do you trust God with your daily needs, or are you relying on yourself to provide? Are you a person of prayer, or do you have the mentality, "If it's going to get done I've got to take care of it myself"? What needs to change?

Conclusion

 What are the areas where you most experience worry and anxiety in your life? How are you encouraged by today's study in regards to these concerns?

 How do your anxieties in life tend to impact the relationships you have with those around you? How might a great daily trust in Christ change this?

 How would living with trust in God over trust in yourself change the way you view opportunities to share the gospel with others?

Daily Readings

- Monday - Romans 14:10-12
- Tuesday - James 2:3
- Wednesday - 1 John 4:20

- Thursday - Romans 2:1-3
- Friday - 1 John 4:1
- Saturday - Romans 12:2