



**Introduction**

- ① What does it mean to be at peace? If you had to define peace in one sentence or one phrase what would you say?
- ② How would you describe the opposite of peace?

**1. The God of Peace (Heb. 13:20-21)**

- ① Why do you think the author of Hebrews emphasized the theme of peace in the doxology? Was the author of Hebrews referring to objective peace (reconciliation with God) or subjective peace (a feeling of well-being and wholeness)? How do you know?

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- ② Application: Do you have peace with God through Jesus Christ? How have you experienced peace in your heart despite your circumstances? What things undermine peace in your heart?

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**2. Peace with God (Heb. 13:20)**

- ① What destroyed the peace with God that Adam and Eve enjoyed in the garden? Why did sin disrupt peace?

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- ② Application: Why is it impossible for non-Christian people to truly have peace in their hearts? How does this truth inform the way you will direct and encourage anxious souls who are not in Christ?

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**3. Peace in Trial (Heb. 13:21)**

- ① How does the subjective feeling of peace relate to the objective peace of God through Christ?

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Application: Does the peace of God reign in your heart or do you find yourself often anxiety-ridden? What do you think is at the root of your worry? How can you submit this to God?

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## Conclusion



What do you look to in order to settle your restless heart? Where have you replaced God with an idol that you are hoping will bring you peace?

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What are some practical steps you can take to place yourself in a position to live with a peaceful, settled heart? How is God calling you to respond to His prompting today?

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## Daily Readings

- Monday - Hebrews 13:20-21
- Tuesday - John 16:33
- Wednesday - Isaiah 26:3
- Thursday - John 14:27
- Friday - Psalm 4:8
- Saturday - Psalm 23:4

## Here's How to Become a Christ-Follower:

*Read the following verses and ask after each one: "What does this say to me?"*

**All have sinned:** Romans 3:23 & 1 John 1:8

**There is a penalty for sin:** Romans 6:23 & John 3:18

**You cannot save yourself:** Titus 3:5 & James 2:10

**Salvation has been provided:** Ephesians 2:8-9, John 3:16, & John 14:6

**The conditions are simple:** *Repent* - Luke 13:3, *Confess* - 1 John 1:9 & Romans 10:9, *Believe* - Acts 16:31

**Now is the time for a decision:** Joshua 24:15 & 2 Corinthians 6:2

## Accepting Christ is Just the Beginning:

Next Steps:

- Publicly profess your faith by being baptized (Matthew 10:32-33; Luke 3:21; Romans 6:4).
- Join a church which follows the Bible, where you can grow in your faith through prayer, Bible study and fellowship with other Christians. Get involved in groups for encouragement and accountability.
- Begin a daily personal worship experience with God where you study the Bible and pray.
- Share with others what Jesus has done for you. Tell your story (Romans 10:14; Matthew 28:19-20).
- Begin to live for God (Romans 12:1-2, 9-18; James 1:19-27).