

Kindness Toss

2 Kings 4:8-37

Materials

Large container, index cards, soft balls or beanbags, marker.

Prepare the Game

Place the container on the floor on one side of the playing area.

Lead the Game

1. Group the students into teams of six to eight. Teams line up single file about 5 feet (1.5 m) from the container. Give each student an index card. Give the first student on each team a ball or beanbag.

2. Stand near the container with the marker in your hand. Students from each team take turns tossing the ball or beanbag into the container. Each time a student gets the ball or beanbag into the container, print one letter of the word "kindness" on his or her index card.

3. When a student gets all the letters for the word, he or she continues taking turns, giving any letters scored to the next person in line. Continue until all students have "kindness" written on their cards.

Options

1. Adjust according to skill level of the class the distance from which students toss ball.
2. For younger students, play using the word "kind." If time allows, play another round using the word "care."

Discussion Questions

1. **How did we show kindness in this game?** (Gave letters to other people.)
2. **What are some other ways to be kind to and care for others?** (Include everyone in your games. Ask someone to play with you if he or she is looking lonely. Share with others. Help someone or get help for someone who needs it. Use kind words when you speak to others.)
3. **What can you do to discover ways to be kind to others?** (Pray and ask God to help you think of kind things to do. Take more time to notice the people around you instead of just doing your own thing.)

